

FAMILIES HELPING FAMILIES



FAMILIES HELPING FAMILIES: Join Our Food Drive!

As the holiday season approaches, we are excited to announce a special initiative to make a difference in our community. The YMCA of Greater Pittsburgh, in collaboration with the Greater Pittsburgh Community Food Bank, is organizing a Food Drive to help those in need. We invite you to join us in this important effort.

Here's how you can get involved:

Donate Non-Perishable Food Items: You can drop off non-perishable food items at your local YMCA or at designated collection points. Look for the food drive collection bins.

Monetary Donations: If you prefer to contribute financially, you can make a donation directly to the YMCA of Greater Pittsburgh. Your donation will help them acquire the food items they need most.

Spread the Word: Help us spread the word about the food drive through your social networks, email, or by simply talking to your friends and family. The more people we involve, the greater the impact we can make.

Run in the Turkey Trot: The YMCA Turkey Trot presented by UPMC Health Plan returns for its 36th year, and it's not just a race; it's an opportunity to make a meaningful difference in our community. We have great race options available in the 1-Mile Family Fun Run, 5K, 5-Mile, and the Double Gobble. Register early and save!

ITEMS NEEDED

 Monetary Donation (\$1-5 Meals)	 Canned Fruits & Vegetables	 Peanut Butter	 Canned Beans & Soup
 Canned Tuna or Chicken	 Rice	 Whole-Grain Cereal & Oats	 Household Items
 Paper Products	 Hygiene Items Feminine Products, Razors	 Infants & Kids Diapers, Wipes, Pedialyte, Fruit Cups, Granola Bars, Mac & Cheese Cups, Crackers, Juice Boxes, NO Baby Food	 Seniors Nutritional Shakes & Drinks, Adult Hygiene Products

By participating in this food drive, you are helping to ensure that everyone in our community has access to the nutritious food they need to thrive. Your generosity and support can truly make a difference in the lives of those less fortunate.



Scan the QR code to learn more about the Turkey Trot and how you can get involved!