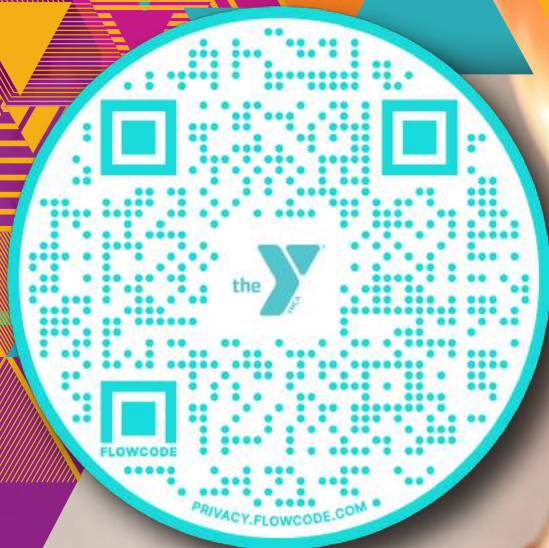




PITTSBURGH

CHARTING OUR JOURNEY

Together



2022 Annual Report

CHARTING OUR JOURNEY TOGETHER

Dear Friends:

The past year has heralded new beginnings for the YMCA of Greater Pittsburgh. In June, the leadership of this historic organization was carefully and thoughtfully transitioned to Amy Haralson Kienle, our new President & CEO. The Board joins me in welcoming Amy and her family to Pittsburgh. We look forward to working with Amy and Y leadership as we chart the organization's journey forward in a post-pandemic world. We also thank Dick Jewell, retired president of Grove City College and veteran Y volunteer, for his outstanding service as interim CEO.

As we consider the changing needs of our communities, we are proud to announce plans for the future renovation of the Allegheny YMCA located on the Northside. Currently providing affordable housing to 80+ men, this 96-year-old building also offers a complete array of programs including healthy living, group exercise, aquatics, and summer day camp. We are in the early phase of our fundraising efforts and continue to work closely with the Allegheny board, members, community, and architects to determine future programs and services. We are particularly grateful to the early funders of the project including the Buhl Foundation and our elected officials who successfully advocated for \$2.5 million from the Pennsylvania Department of Community and Economic Development. Regular updates on the project will be available at pittsburghymca.org/allegHENYrenovation.

As always, our two camps, Deer Valley YMCA Family Camp in Somerset County and YMCA Camp Kon-O-Kwee Spencer in Beaver County, are looking forward to another glorious summer. Everyone is excited to see more children and families returning to these magnificent locations and reconnecting with the outdoors.

Post-pandemic rebuilding continues for our programs and services across the Association. Membership is making steady progress, while Before and After School and Summer Day Camp are experiencing tremendous demand. Continued challenges in staffing have resulted in long waiting lists for families anxious to get their children back outside and enjoying childhood. As the summer season approaches, our need for seasonal staff will increase. We ask that you encourage any young adults in your life to consider working for the Y. They will receive competitive salaries and an opportunity to gain hands-on experience in supervision, leadership and so much more! For more information, please visit our website at pittsburghymca.org/careers.

In conclusion, this year's Impact Report is dedicated to our donors, partners, volunteers, and staff. You inspire us with your generosity and selfless dedication to the mission. Your wisdom and commitment ensure we stay on course. Thank you for your continued support.

Yours in service,



Amy Kienle
President & CEO



Michael Polite
Board Chair



THRIVING IN EDUCATION

We remain steadfast in our commitment to youth development. All children in our programs are served by caring adults who provide academic support, social-emotional development through play, arts, and movement, and nourishment so that each child can reach their fullest potential and thrive.



720 children enjoyed homework help and activities in our 20 Before and After School programs across the Greater Pittsburgh region.



1,395 youth reduced screen time and developed a sense of wonder during the summer months at our 18 Summer Day Camps.



More than 100 Teens were employed in meaningful jobs with the YMCA of Greater Pittsburgh. For many, this was their first job.



153 infants, toddlers, and preschoolers enjoyed a sense of wonder and growth in our Early Education Centers.

ENRICHING PROGRAMS FOR KIDS AND TEENS

The YMCA of Greater Pittsburgh provides after school care, early childhood education and camps for every stage of life. Our programs are more than just a safe space to fill time. They are a pathway toward becoming a successful, well-balanced adult. Let your child discover their full potential at the Y.

“

ENRICHING COMFORT

"The YMCA Afterschool Program at my daughter's school has been really good for her. She gets homework done, gets to play and unwind from school and learns a lot of new things throughout the year! She has a great time, which makes me feel better knowing I have to be at work late." -Kim H.

FAMILY FIRST

The YMCA of Greater Pittsburgh's Y Adventure Guides program focuses on strengthening the father-child relationship through one-on-one activities. It's through these shared experiences that fathers and their children grow closer and form memories that last a lifetime.

The Y Parent Child programs (Y-Princess, Y-Guides, Y-Questors, Y-Trailblazers) increased attendance in 2022 by adding more than 600 families in the program at our three locations in the North Hills, South Hills, and East of Pittsburgh.

Membership and program subsidies: \$688,059 was distributed in membership and program subsidies during 2022 ensuring everyone, regardless of financial resources, has access to Y membership and programs.



LIGHTHOUSE PROJECT ALWAYS INSPIRING

The Lighthouse Project, a year-round digital arts afterschool program, engaged 68 youth and young adults in art-making experiences through club-based programs, courses, apprenticeships, studio sessions, performances and exhibitions throughout the school year. Housed inside the Homewood-Brushton YMCA, teaching artists introduce project ideas and support youth who want to work on projects of their own design.



68

Youth and Young
Adults Created Art
Through the
Lighthouse Project

96

Summer Campers in our
Homewood/Hills District and
Penn Hills Camps enjoyed
STEAM based programs
through Y Creator Space

**COMING
SOON**

The new Verizon Digital
Inclusion Center allowing a
greater maker space and
access to creative tools
including, computers,
tablets, and robotics

Y CREATOR SPACE ALWAYS CREATING

Y Creator Space, a STEAM based maker space, served 31 participants during the school year and provided weekly STEAM enrichment and coding to 96 summer campers in our Homewood/Hill district and Penn Hills day camps.

verizon✓

The new Verizon Digital and Inclusion Center located inside the Homewood-Brushton YMCA is designed to excite and engage young minds with hands-on, collaborative S.T.E.A.M.-based projects after school, in school and during the summer.

HEALTH AT ANY AGE SENIOR PROGRAMS

Today's seniors are more health conscious than ever before. At the YMCA we've made the health and fitness of our seniors a top priority by providing programs for the spirit, mind and body. Through group exercise classes and aquatic programs that concentrate on mobility and flexibility, dance classes, social events, and volunteer activities, the YMCA is bringing Seniors / Active Older Adults together for camaraderie, fellowship and fun!



Active at Any Age provided fitness instruction, virtual programming, senior open houses and wellness screenings to 6,631 senior members. Most YMCA of Greater Pittsburgh locations accept a variety of senior based insurances to ensure everyone has access where they need it most.



YMCA branches served over 60,000 individuals through a variety of programs and services - from the weekend warriors, after work yoga for stress reduction, youth basketball, morning swimmers and everything in between - the Y served all.



Dedicated to meeting the healthy living needs of our communities, many locations added pickleball this year - the fastest growing sport in the country.



“

GROWTH EVERY DAY

I might not be the best, but I'm one step closer to my goal and one step further from where I was a week ago. It was rough and my knees were on fire, but I never gave up...just modified a couple of things. Now I find it easier to WANT to go to the gym. I got this!

-Sarah K.

MOVING FORWARD WITH HELP FROM YOU

Volunteers are the backbone of our organization. The hard work and dedication of our volunteers are the reason we are able to make a far-reaching impact in our community. Volunteerism is essential to maintaining a strong, resilient community. The more people who volunteer, the more vulnerable children, families and adults get the help they need to lead productive and fulfilling lives. As one of the leading nonprofits and volunteer organizations in the country, nearly 600,000 people volunteer at Ys across the country each year. Here at the YMCA of Greater Pittsburgh, our volunteers give back through activities such as mentoring teens, coaching youth sports, serving on our boards, and fundraising. These opportunities also help volunteers enhance their personal well-being and develop meaningful relationships - all while making an impact in communities they care about.

YOUR IMPACT WAS FELT

Throughout our local YMCAs and the Association, 202 business leaders chose to join Y boards providing 1,212 hours help to move their communities forward.



1,287 Program Volunteers put in a staggering 10,710 hours to help coach kids, provide assistance at overnight camps, and make our communities safer for all.



More than 8,000 runners, walkers, and modified racers competed in the 2022 Turkey Trot on the North Shore providing much needed food resources and assistance to those across Greater Pittsburgh.



AN EXPERIENCE LIKE NO OTHER

Overnight camp at **Camp Kon-O-Kwee Spencer** and the **Deer Valley YMCA Family Camp** allow children and their families to learn the lessons of teamwork, independence, goal setting, making new friendships and experiencing new things.

OVERNIGHT CAMP

Camp Kon-O-Kwee Spencer served 1,034 campers

Camp Deer Valley served 2,300 campers

Both camps hosted 1,395 campers outside the summer months

THE GREAT OUTDOORS

Playing in nature can positively impact children's health and well-being. We encourage parents and caregivers to get their children out into the natural environment. Together we can teach them how to protect their health and the environment. At camp, our children spend each and every day in the great outdoors, enjoying each other, the weather, and everything that nature offers. Campers also learn how to survive in the wilderness by building shelters and fires and learning what plants they can eat, if need be. It's truly a unique experience!

OUTDOOR EDUCATION

Outdoor education programs at Camp Kon-O-Kwee and Deer Valley served 334 students.

YMCA CAMP AIM

Camp AIM provided a summer day camp experience, including aquatics, physical education, home economics, music and art, to 65 children and young adults with physical, cognitive, emotional, social, and communication challenges.

YMCA CAMP SPENCER SUPERSTARS

Camp Spencer Superstars delivered a week-long overnight camp experience for 29 adults with special needs ages 18 to 80. Four weekend programs served an additional 63 campers.





Y ON WHEELS

Through partnerships with community organizations, Y on the Fly provides pop up Ys at a wide range of spaces from libraries to feeding centers, with special attention given to areas that have limited options for safe recreation. Vans are filled with parachutes, kick balls, nets, cones, hoops and more so counselors can facilitate 60 minutes full of fun activities. Children also receive a 30-minute healthy snack instruction so they are equipped to make healthier decisions all year long.

1,500 children are served annually through our mobile Y on the Fly program

“

PROVIDING KIDS FUN IN EVERY COMMUNITY

“The YMCA believes that all children deserve access to resources that help them grow stronger and healthier no matter where they’re located. The Y is committed to the entire Greater Pittsburgh community which is why we are working to deliver resources to all of our neighbors, including those beyond the physical walls of the Y. With two “Y on the Fly” vans, we will deliver programming to more than 400 locations in 2023.”





HOPE FOR ALL

We believe everyone deserves a certain quality of life and level of respect. Programs such as the housing program at the Allegheny YMCA, food pantries at the Hazelwood YMCA and Homewood-Brushton YMCA, and the **Hope For All** community assistance programs are restoring hope and providing protection, education, jobs and mentorship to our community's most vulnerable.

The Y was founded as a place where all people could find hope, fellowship, and healing. These have been difficult and uncertain times for our country, our city and our Y. But the Y is not just a place, we are a purpose, and being a member of the Y is not just about buildings and programs, it is about being a part of something bigger than all of us.

FOOD SECURITY

Our Food Pantry Programs collected and distributed more than 259,000 pounds of food to those in need.

TAX RETURNS

Hope for All offered free tax return preparation for 276 households resulting in \$777,998 in refunds, \$173,900 in Child Tax Credit, and \$248,308 in EITC.

AFFORDABLE HOUSING

The Allegheny YMCA on the North Side provided ingle Resident Occupancy (SRO) housing for 82 men, including food provided from local community resources.

LIGHTING THE NORTHSIDE

The Allegheny YMCA's 94-year-old existing facility is outdated and prevents the organization from fully serving its members. The facility is hard to navigate, making it difficult for members and residents to fully utilize the Y's services. With the new renovation proposed, the Allegheny YMCA will serve over 300 youth in the Y's childcare and youth programming. Over 800 senior (65+) YMCA members will engage in senior specific programming, promoting healthy aging. Over 1,400 non-senior YMCA members will engage in health and wellness programs, with no one turned away due to inability to pay.

Currently, despite its limitations, the Allegheny Y provides a community where each man who calls the Y home is connected to appropriate health and human/social services so they can chart a path forward. Additionally, the proximity to downtown and public transportation make the location both affordable and convenient.



The Allegheny YMCA was awarded \$2.5 million award from the state's Redevelopment Assistance Capital Program (RACP) supporting the renovation of the 96 year old Allegheny YMCA. We are grateful to all of our supporters including Sara G. Innamorato, Rep. Emily Kinkead the Buhl Foundation and ACTION-Housing.



"We're grateful to our early funders and looking forward to even more support for the timely renovation of this pivotal facility. This 96-year-old building in the historic Mexican War Streets, provides affordable, single room occupancy housing for male residents, and enhances the lives of YMCA members and the larger Pittsburgh community, every day." - **YMCA Board Vice Chair Michael Tomera.**

Through swim lessons, safety around water, and lifeguard certification programs, the Y has a profound impact on our community.

No matter your age, swimming is an activity that everyone can continue for a lifetime. By learning to swim, children are able to enjoy a cool summer activity, get healthier, join one of our youth swim teams to compete, and learn life-saving skills. We are committed to our participants' safety. All YMCA aquatics programs are conducted under the supervision of certified life guards and trained instructors. We have enhanced cleaning protocols to ensure a safe environment for all.



SWIM TEAM

350 youth participated on four YMCA swim teams developing their competitive spirit and sportsmanship.



LIFEGUARDS

296 Lifeguard Certifications, in partnership with the American Red Cross, were provided for the next generation of life savers.



SWIM LESSONS

Private and group swim lessons were delivered to 2,380 children across Greater Pittsburgh.

THE IMPORTANCE OF WHAT WE DO

1 in 4

People who die from drowning are children 14 and younger

27%

Fatality rates for children 5 to 9 increase 27% in natural water

60%

of youth drownings occur in 10ft. of water

1 Million

YMCA teaches 1 million children in lessons per year

#2

Drowning is the second-leading cause of death ages 5-14

WE ARE HERE BECAUSE OF YOU

Each day at the YMCA of Greater Pittsburgh, we find hope in meeting new challenges head-on and by standing in the gaps to address the community's most pressing needs. Now more than ever, the community needs the Y. But, we cannot do this work alone. Gifts to the Community Support Campaign and other programs and projects, make it possible to keep our mission strong for ALL. We sincerely thank all of our donors, staff and volunteers who gave generously during calendar year 2021 to sustain our Y and provide critical support to our community.

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