

# Funny Faces!



Emotions

P

Preschoolers  
2.5 - 4 years

The objective of this game is to get the children engaged in more emotional conversation with their peers as they learn to understand and how to read their reactions.

## Learning Outcomes

### Domain:

Social

### Indicator:

Identifying their emotions.

### Skills:

Recognizing and expressing emotions



## Materials

- A few hand held mirrors
- OR
- A large mirror



## Instructions

**Step 1:** Prepare a list of emotions and reason for their emotions (for example - sad, happy, mad, confused, excited etc.).

**Step 2:** If incorporating a book, set it a side (a recommendation for this would be: The Feelings Book By Todd Parr)

**Step 3:** Have the children gathered on the carpet or at a table and start by asking 'who knows what a happy face looks like?'

**Step 4:** Hand out any handheld mirrors or have a large one ready.

**Step 5:** Get ready for some laughs!

## Playful Questions

- What does this emotion look like?
- How does it make you feel when you see a friend who is sad?
- What should you do if a friend is sad? (or happy, scared, ect.)
- When was the last time you felt happy? (sad, mad, scared ect.)
- Why would someone else feel this way?

# Emotions List



**proud**



**angry**



**happy**



**sad**



**disgusted**



**excited**



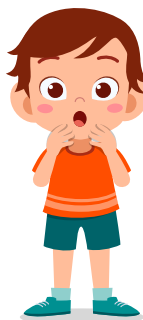
**worried**



**upset**



**confused**



**surprised**