

# Apple Taste Test



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Preschoolers  
2.5 - 4 years

Who doesn't LOVE ice cream? Transforming your dramatic play area into an ice cream parlor is such a fun way for children to socialize, pretend, and problem solve all in the context of everyone's favorite dessert.

## Learning Outcomes

### Domain:

Social

### Skills:

Descriptive  
Language

### Indicator:

Using new words in play.  
Asking questions to extend their understanding of words.  
Linking new experiences with words they know.



## Materials

- Apples of different variety
- Cutting board
- Sharp knife
- Chart paper
- Name tags/photos of children



## Instructions

**Step 1:** At the grocery store pick out multiple kinds of apples (Granny Smith, Golden Delicious, Macintosh, Pink Lady, Fuji etc.) and cut them into bite size slices for the kids to try.

**Step 2:** Have the kids try the apples and remind them to remember the name of their favorite apple kind.

**Step 3:** Have each child place their name card or photo on the graph. Ask each child one at a time to place their card/photo beside the apple that they enjoyed best.

**Step 4:** Have the children discuss why they liked each apple best, which they didn't and so on. using describing words (sweet, sour, tangy, bitter, crunchy, soft, etc.) and examine which apple was most popular and least popular.

**Step 5:** Try to avoid language about the apples that were not as "popular" such as "disliked," "worst," "gross," etc. as this may make the children who selected the apples feel bad about their choice. From here you can explain our taste buds and how everyone tastes things differently- the possibilities are endless!

## Playful Questions

- Why was X apple your favorite?
- Can you describe using your senses the flavor of X apple? (Sweet, Sour, Salty?)
- What are some things we can make with apples?
- Where do apples grow?
- Why are some apples red and some apples green?

Cut & Fold



# Apple Name Cards



Cut & Fold



# Apple Name Cards



