Apple Taste Test

Who doesn’t LOVE ice cream? Transforming your dramatic play area into an ice cream parlor is such a fun way for children to socialize, pretend, and problem solve all in the context of everyone’s favorite dessert.

Learning Outcomes

Domain: Social
Skills: Descriptive Language
Indicator: Using new words in play.

Step 1: At the grocery store pick out multiple kinds of apples (Granny Smith, Golden Delicious, Macintosh, Pink Lady, Fuji etc.) and cut them into bite size slices for the kids to try.

Step 2: Have the kids try the apples and remind them to remember the name of their favorite apple kind.

Step 3: Have each child place their name card or photo on the graph. Ask each child one at a time to place their card/photo beside the apple that they enjoyed best.

Step 4: Have the children discuss why they liked each apple best, which they didn’t and so on. using describing words (sweet, sour, tangy, bitter, crunchy, soft, etc.) and examine which apple was most popular and least popular.

Step 5: Try to avoid language about the apples that were not as “popular” such as “disliked,” “worst,” “gross,” etc. as this may make the children who selected the apples feel bad about their choice. From here you can explain our taste buds and how everyone tastes things differently- the possibilities are endless!

Materials

- Apples of different variety
- Cutting board
- Sharp knife
- Chart paper
- Name tags/photos of children

Instructions

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Playful Questions

- Why was X apple your favorite?
- Can you describe using your senses the flavor of X apple? (Sweet, Sour, Salty?)
- What are some things we can make with apples?
- Where do apples grow?
- Why are some apples red and some apples green?
<table>
<thead>
<tr>
<th>Honey Crisp</th>
<th>Royal Gala</th>
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</thead>
<tbody>
<tr>
<td>Honey Crisp</td>
<td>Royal Gala</td>
</tr>
<tr>
<td>Red Delicious</td>
<td>Granny Smith</td>
</tr>
<tr>
<td>Red Delicious</td>
<td>Granny Smith</td>
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Apple Name Cards

<table>
<thead>
<tr>
<th>Cut &amp; Fold</th>
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</thead>
<tbody>
<tr>
<td>Apple Name Cards</td>
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<table>
<thead>
<tr>
<th>Fuji</th>
<th>Pink Lady</th>
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<tr>
<td>Fuji</td>
<td>Pink Lady</td>
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<table>
<thead>
<tr>
<th>Golden Delicious</th>
<th>Ambrosia</th>
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</thead>
<tbody>
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<td>Golden Delicious</td>
<td>Ambrosia</td>
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</table>
Sweet  Tangy  Soft
Tart  Crunchy  Juicy
Crisp  Mild  Sour