



# WITH YOU



## KIDS RECIPE : KIDDIE CRUNCH MIX

### Ingredients

- 1 cup plain or frosted animal crackers
- 1 cup bear-shaped crackers
- 1 cup miniature pretzels
- 1 cup salted peanuts
- 1 cup M&M's
- 1 cup yogurt- or chocolate-covered raisins

### Directions

- In a bowl, combine all ingredients. Store in an airtight container.

### Nutrition Facts

1/2 cup: 266 calories, 14g fat (5g saturated fat), 4mg cholesterol, 159mg sodium, 33g carbohydrate (23g sugars, 3g fiber), 6g protein.



Recipe from  
[tasteofhome.com](http://tasteofhome.com)

Connect and share their creation!  
Share your work with us by tagging [@ymcapgh.org](https://www.instagram.com/ymcapgh.org)