

THE UNITED STATE OF **US**

- WELLNESS SCREENINGS**
- FAMILY PROGRAMMING**
- GUEST SPEAKERS & VENDORS**



WELCOMING TO ALL

We believe our community is stronger when everyone feels welcome and we work together for the common good. Welcoming Week is a chance for neighbors—both immigrants and U.S.-born residents—to get to know one another and celebrate what unites us as a community.



JOIN US – WELCOMING WEEK SCHEDULE

- September 1st-30th** Food Drive to support the S.H.I.M.—Bring a bag of food and enter the raffle for a free month of membership
- September 14th** Community Day Open House, Car Show, Group Ex classes and more!
- September 18th** 10:00a.m.–2:00p.m.—Open House—Accepting Our Neighbors discussion led by Walker Evans of the USC Library and Diane Ford of The Seed Project.
- September 22nd** Do You Speak a Second Language? Meet-Up Come converse with others who speak another language. Help us plan future meet-ups!

Join us for food and culture from our members:

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| September 13th 5:00p.m. | Pakistan |
| September 16th 10:00a.m. | Poland |
| September 17th 5:00p.m. | Mexico |
| September 19th 11:00a.m. | Puerto Rico |
| September 22nd TBD | Iraq |

SPENCER FAMILY YMCA
 305 Church Road
 Bethel Park, PA 15102
 412 833 5600

For a full list of locations and activities, visit us at pittsburghymca.org/welcomingweek