

THE UNITED STATE OF US

WELLNESS SCREENINGS

FAMILY PROGRAMMING

GUEST SPEAKERS & VENDORS

WELCOMING TO ALL

We believe our community is stronger when everyone feels welcome and we work together for the common good. Welcoming Week is a chance for neighbors—both immigrants and U.S.-born residents—to get to know one another and celebrate what unites us as a community.

WELCOMING
WEEK
is an initiative of



WELCOMING
AMERICA

JOIN US – WELCOMING WEEK SCHEDULE

- September 16th – Open house** 5:00-7:00p.m. – Come and enjoy Sports Around the World! with Coach Mike. For kids of all ages.
- September 17th** – 6:00-7:45p.m. Enjoy our adult cooking class From Polish Country House Kitchen-Cook the Book
- September 18th – International Cuisine Showcase** – 6:00-7:00p.m. Thai Squash Soup Adult Cooking Class
- September 19th – International Cuisine Showcase** – 6:00-8:00p.m. Slow Cooker Meal Prep Adult Cooking Class
- September 20th – International Cuisine Showcase** – 12:00-1:00p.m. Cuban Beans and Rice Adult Cooking Class

SAMPSON FAMILY YMCA
2200 Golden Mile Highway
Pittsburgh, PA 15239
724 327 4667

For a full list of locations and activities, visit us at pittsburghymca.org/welcomingweek