

# THE UNITED STATE OF US

WELLNESS SCREENINGS  
FAMILY PROGRAMMING  
GUEST SPEAKERS & VENDORS

## WELCOMING TO ALL

We believe our community is stronger when everyone feels welcome and we work together for the common good. Welcoming Week is a chance for neighbors—both immigrants and U.S.-born residents—to get to know one another and celebrate what unites us as a community.

WELCOMING  
WEEK  
is an initiative of



WELCOMING  
AMERICA

## JOIN US – WELCOMING WEEK SCHEDULE

**September 16th – 20th – Potluck** Staff and member potluck and international food of choice – bring in your favorite culinary dish and recipe to share at the Welcome Center

**September 18th – Community Soccer** 5:00–7:00p.m. in the gym with coaches Paulie, Jeff, and Ebony

**September 16th – Members Around the World** – Visit the Welcome Center and mark on the map where you are from

**September 18th – La Palapa Food Truck** – 5:00–7:00p.m. Enjoy delicious food from the La Palapa Food Truck outside the Y

**September 18th – CrossFit Express and Open House** – 5:30–6:15p.m. and 6:30–7:30p.m. Try CrossFit and connect with members during our Community Open House

ALLEGHENY YMCA  
600 West North Avenue  
Pittsburgh, PA 15212

For a full list of locations and activities, visit us at [pittsburghymca.org/welcomingweek](http://pittsburghymca.org/welcomingweek)